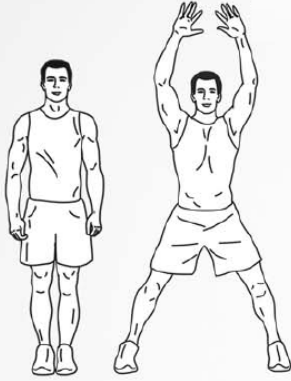



# Cube Pattern


Cut on solid lines - Fold on dashed lines



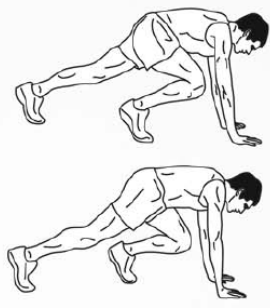
**20**  
jumping jacks



**20**  
lunges



**20**  
squats



**20**  
climbers



**20**  
push-ups



**20sec**  
elbow plank